



**BLACK SAND SPA**

balance & beauty, gifted by earth & sea

## WELCOME TO BLACK SAND AND SPA

Our team at **Black Sand Spa** wish to extend their heartfelt welcome to you. We look forward to guiding you through your Spa Journey here at **The Royal Purnama**. The Black Sand Spa features two designer couple suites with oversized bath tubs, one single suite, an Aroma Steamroom, Bali's first healing Volcanic Sandpit, and four rooftop spa gazebos for Thai Massage and Reflexology complete with panoramic views.

Our Spa Menu is inspired by the healing elements of the earth, the sea, and the black volcanic sand that exemplifies our astonishing coastline. We utilise a combination of all-natural indigenous products and Luxury Elemis skincare products; we have undertaken specialist treatment training in order to perform our treatments and therapies with integrity while honouring their origin. Our goal is to transport you to a tranquil space where you can truly enjoy some well-deserved "Me Time."

Black Sand Spa Team

All treatments begin with an invigorating foot cleanse featuring iron rich sea salt, black volcanic sand and a blend of cooling essential oils.

Spa Guests are invited to enjoy our indulgent Aroma Steam prior to or post Spa treatments.

Black Sand Spa presents our exclusive range of aromatherapy massage oils each one imbued with a unique benefit to fulfil your personal needs.

**Bhumi – Earth** – Grounding – Balancing – Mood Tonic  
Orange, Lemon, Rosemary, Basil

**Tejas – Fire** – Warming – Soothing – Healing  
Lemongrass, Ginger, Black Pepper

**Jala – Water** – Cooling – Refreshing – Energizing  
Peppermint, Pink Grapefruit, Eucalyptus

**Marut – Wind** – Relaxing – Calming – Romantic  
Lavender, Geranium, Bergamot

## SIGNATURE THERAPY BY BLACK SAND SPA

For centuries Balinese people have utilized the black volcanic beach sand heated by the sun and mineralized by the ocean as a healing remedy.

### **Black Sand Full Body Rejuvenation** **2 hours 15 minutes** **IDR 770 k**

This ancient healing and detoxifying therapy ritual begins with a full body sand bath on our unique beachfront. Our staff will prepare a bath in the sand where you will stay for 20 minutes allowing your body to absorb the healing properties of the sand and purge impurities from within. Follow with a cooling beachfront shower and enter the Spa for a nourishing coconut bath, finish with a Traditional Balinese Massage. Soothing, Healing and Rejuvenating.

### **Black Sand Feet & Leg Therapy** **30 minutes** **IDR 235 k**

Exclusively presenting Bali's first Healing Sand Pit at our open air Spa rooftop. This leg sand bath aims to loosen and heal tired and sore leg muscles, to release impurities from within reducing swollen ankles, and most importantly as the legs are the furthest from the heart the circulation here is often the weakest; by boosting blood and lymphatic circulation at this source it is believed to assist wellbeing of the entire body.

## MASSAGE THERAPY BY BLACK SAND SPA

### **Traditional Balinese Massage \*** **60 or 90 minutes** **IDR 415 or 590 k**

Based on age-old traditions from Bali this healing treatment aims to harmonize body, mind and spirit. Utilizing a combination of skilful kneading, stroking and flowing body sweeps; this medium pressure massage aims to balance the body and ensures deep relaxation.

### **Warm Bamboo Massage \*** **60 or 90 minutes** **IDR 470 or 650 k**

Utilizing bamboo rods of different sizes with warmed aromatic oils, this massage provides deep and firm rhythmic pressure. Excellent for working out knots and loosening up tight muscles. Bamboo massage is especially beneficial for those who suffer from stress related body aches.

### **Hot Stone Massage** **75 minutes** **IDR 530 k**

The healing power of the earth combined with rhythmic therapy movements helps to improve blood circulation, relieve stress and calm the mind. Stones are placed on Chakras or energy points, bringing the body back into balance.

*\* Available in the privacy of your villa or suite*

Prices are in thousand Indonesian Rupiah and are subject to 21% service charge and government tax

### **Royal Thai Massage**

**90 minutes**

**IDR 650 k**

An oil-free massage that aims to reduce stress and increase vitality and flexibility. It is a fusion of yogic stretching techniques and acupressure point massage. Performed in our exclusive rooftop gazebos with views of the Balinese coastline.

### **ELEMIS Deep Tissue Massage \***

**60 minutes**

**IDR 530 k**

Alleviate stress, ease aching muscles and revive the senses with this powerful, customized massage. Dynamic blends of ELEMIS Essential Oils are prescribed to target individual needs and reduce specific stress and muscle tension.

### **Reflexology**

**60 minutes**

**IDR 235 k**

This ancient Chinese technique works on pressure points in the feet that relate to the health and wellbeing of various parts of the body. It will leave you with restored energy and your feet will feel brand new, and just so you feel completely taken care of we also include a brief upper body massage.

### **BODY THERAPY BY BLACK SAND SPA**

**60 minutes**

**IDR 470 k**

**or COMBINE WITH TRADITIONAL BALINESE**

**or WARM BAMBOO MASSAGE**

**95 minutes**

**IDR 650 k**

Botanical body treatments created exclusively for **Black Sand Spa** from nature's purest ingredients, combine your body treatment with Traditional Balinese or Warm Bamboo Massage.

### **Black Sand Body Polish**

This unique body polish cleanses and smoothes by removing dry skin and dead skin cells. Contains black volcanic sand, iron rich sea salt and green tea.

### **Boreh Spice Body Wrap**

Inspired by the Balinese Boreh this warming body wrap is made from crushed exotic spices, designed to soothe body aches and increase circulation.

### **Earth & Flower Body Mask**

Earth clay, crushed petals and floral essences. Perfectly balanced, this aromatic treat draws toxins from within whilst maintaining optimum moisture levels.

### **Botanical Body Scrub**

An age old Royal Javanese beauty ritual this gentle body scrub is made from rice powder, turmeric and sandalwood leaving soft and glowing skin.

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## HANDS AND FEET BY BLACK SAND SPA

### Spa Manicure

**60 minutes**

**IDR 295 k**

Our Manicure includes a soak with mint and citrus essential oils, cuticle grooming, a relaxing mini massage, skin exfoliation, shaping and perfect painting with the OPI range of polishes – for gents we offer buffing or a clear finish.

### Spa Pedicure

**60 minutes**

**IDR 295 k**

Our Pedicure includes a soak with mint and citrus essential oils, cuticle grooming, a relaxing mini massage, skin exfoliation, shaping and perfect painting with the OPI range of polishes – for gents we offer buffing or a clear finish.

### The Ultimate Manicure

**75 minutes**

**IDR 355 k**

Enjoy all the benefits of our Spa manicure with an extended arm and shoulders massage.

### The Ultimate Pedicure

**75 minutes**

**IDR 355 k**

Enjoy all the benefits of our Spa pedicure with an extended feet and legs massage.

## FACIAL THERAPY BY BLACK SAND SPA

Exclusively presenting Spa facials by UK skincare specialist ELEMIS, this luxury range combines therapeutic-grade essential oils and plant actives to treat the skin at the deepest level. Dedicated massage movements help to stimulate and oxygenate the skin whilst assisting to balance the mind, body and spirit.

### Skin Specifics Fruit Active Glow

**60 minutes**

**IDR 530 k**

Brings back the glow to a lifeless complexion. Skin is deeply cleansed and stimulated by specialist Eastern massage techniques, whilst powerful conditioning actives nourish and renew vital radiance.

### Skin Specifics Exotic Moisture Dew

**60 minutes**

**IDR 530 k**

Treat your skin to a moisture boost. Following a specialist facial massage, the skin is fed with thirst-quenching actives that will bring back that healthy, dewy look to the skin.

Prices are in thousand Indonesian Rupiah and are subject to 21% service charge and government tax

**Skin Specifics Herbal Lavender Repair**  
**60 minutes** **IDR 530 k**

For perfect restoration of skin balance. Deep cleansing to draw out skin impurities, this facial will help reduce unwanted shine, refine the pores and treat skin breakouts.

**Visible Brilliance Facial**  
**75 minutes** **IDR 825 k**

With revolutionary results, this anti-ageing treatment instantly firms, rejuvenates and plumps skin, whilst helping to reduce dark circles. Moisturization levels of the skin are clinically proven to increase by up to 61% and elasticity by 40% after just 1 treatment.

**Skin IQ+ Facial for Men**  
**75 minutes** **IDR 825 k**

Clinically proven, this treatment is tailored to meet the needs of a hectic lifestyle and to combat the harsh, ageing effects of frequent shaving, environmental pollution and constant travel, giving men the ultimate skin overhaul with maximum anti-ageing results.

**WATER THERAPY BY BLACK SAND SPA**  
**20 minutes** **IDR 175 k**

Enjoy with any Spa Treatment – based on availability.

**Exotic Coconut Milk and Flowers Bath**  
Relaxing and Skin Softening

**Traditional Asian Herbal Bath**  
Healing and Soothing

**Sea Salt, Green Tea & Lemongrass Essence Bath**  
Purifying and Detoxifying

**Aroma Steam**  
Boosts Circulation and Improves Wellbeing.  
Complimentary with all Spa treatments, available to non Spa guests at a fee based on availability.

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## RITUALS BY BLACK SAND SPA

### Sun Soother

**60 minutes**

**IDR 470 k**

Designed to soothe and heal sun burnt skin, this therapeutic treatment package is hydrating and anti-inflammatory. Begin with cool lavender compresses to reduce the heat in the skin, followed by a healing aloe vera gel application, whilst the aloe is doing its work enjoy a gentle face and head massage. Finish off with a soothing lavender coco bath followed by an aloe lotion application.

### Traditions

**2 hours**

**IDR 770 k**

Inspired by the traditional health and beauty rituals of Indonesia. This exclusive treatment ritual utilizes indigenous ingredients to beautify the body and relax the mind. Foot cleanse – Botanica Body Scrub – Traditional Balinese Massage – Traditional Asian Herbal bath – herbal tea and traditional snacks

### Purify

**2 hours 50 minutes**

**IDR 1.120 k**

This detoxifying body toning treatment includes a mineraized body polish to prepare the skin for the slenderizing wrap followed by a detox bath – finish off with a Hot Stone massage leaving the body refreshed and with a smoother outline. Foot cleanse – Black Sand Body Polish – Boreh Spice Body Wrap – Sea Salt, Green Tea & Lemongrass Essence Bath – Hot Stone Massage – herbal tea and traditional snacks

### Putri

**3 hours 15 minutes**

**IDR 1.710 k**

Our Ladies' ritual offers the ultimate nurturing experience.

This aromatic floral body package will leave your skin soft and fragrant and your mind in a state of pure bliss. Foot cleanse – Earth & Flower Body Mask – Warm Bamboo massage with ELEMIS Frangipani Monoi body oil – ELEMIS Visible Brilliance Facial – Exotic Coconut Milk and Flowers Bath – herbal tea and traditional snacks

### Putra

**3 hours 15 minutes**

**IDR 1.710 k**

Created exclusively for Men's needs this dynamic ritual aims to deeply cleanse the body, relieve stressed muscles and leave the complexion fresh and rejuvenated. Foot cleanse – Black Sand Body Polish – ELEMIS Deep Tissue Massage – ELEMIS Skin IQ facial – Sea Salt, Green Tea & Lemongrass Essence Bath – herbal tea and traditional snacks.

### Unity

**3 hours 30 minutes**    **IDR 3.365 k for 2 or 3.660 k for 2 including champagne**

Celebrate togetherness with this romantic treatment ritual.

In your candlelit suite enjoy an indulgent 90 minute massage using our exclusive aphrodisiac oil followed by an ELEMIS facial for him and her. Next indulge in a romantic soak together in a fragrant petal filled bath where we serve you champagne (optional) and chocolate truffles. Finish with a rejuvenating foot massage. Floral foot bath – 90 minute Traditional Balinese Massage – ELEMIS Facial – Exotic Coconut Milk and Flowers Bath – Champagne (optional) or Hot Chocolate and chocolate truffles – Foot Massage.

Prices are in thousand Indonesian Rupiah and are subject to 21% service charge and government tax



## SPA ETIQUETTE

- In order to maximize your Spa experience, we ask you to arrive 15 minutes prior to your scheduled treatment, if you wish to utilize our aroma steam prior to your treatment please arrive 40 mins in advance.
- Spa treatments are reserved for guests over 16 years of age.
- Please refrain from bringing valuables to the Spa as we do not provide lockers or safety deposit boxes.
- If you are pregnant or have any current health issues please advise our reception staff.
- Disposable panties are provided for your convenience.
- The Spa is a NO cell phone zone please respect this by turning your cell phone off or placing it on silent.
- Should you arrive late for your scheduled treatment we may need to reduce your treatment time so as not to inconvenience other guests.
- If you would like to cancel your treatment, kindly do so at least 12 hours in advance, a cancellation policy of a 50% charge exists for treatments cancelled less than 12 hours in advance or no shows.

